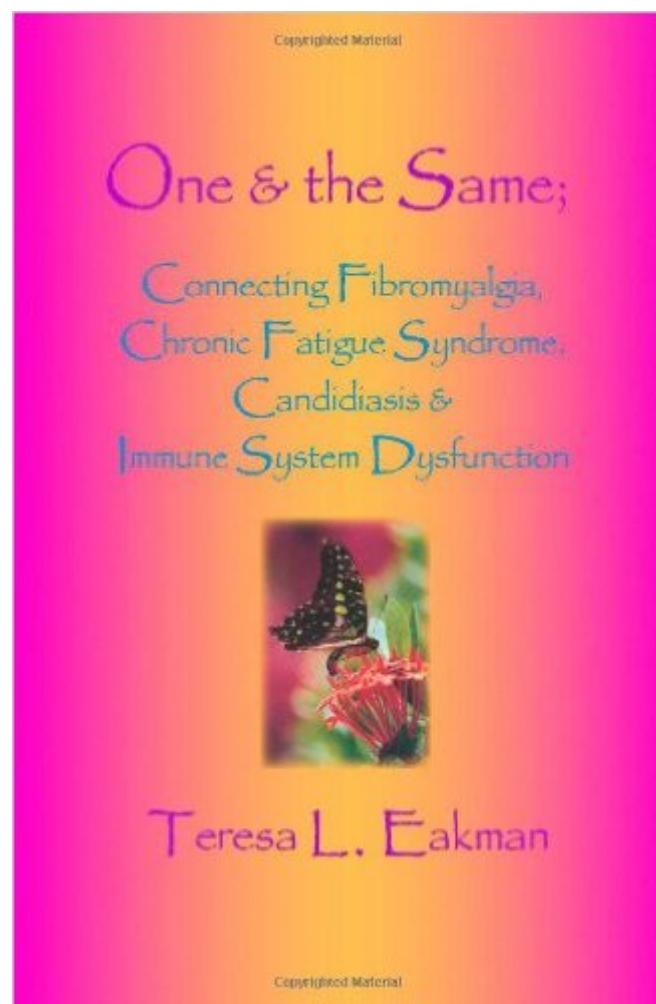


The book was found

One & The Same: Connecting Fibromyalgia, Chronic Fatigue Syndrome, Candidiasis & Immune System Dysfunction



Synopsis

Academic and inspirational study connects Fibromyalgia with Chronic Fatigue Syndrome, Candidiasis and Immune Dysfunction using empirical evidence. Teresa describes traditional and non-traditional treatments, most of which she has personally tried.

Book Information

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Customer Reviews

I have had CFS/ME (which stayed undiagnosed properly till the '90s) since 1969 from illness and developed FMS in 1992 from two minor auto accidents in one year. It took seven (7) years to separate the diagnoses and gain some improvement in my life. They may be in the same arena of diseases, but I can assure you they are not two sides of the same disease. Too many years fighting and trying many "guaranteed" cures for the CFS/ME (a unknown) before ending up with the FMS and going through similar processes for a cure or improvement. Only by accepting the difference between the two could I reach my best level of health to date.

This loose collection of information gleaned from others reads like a college theme paper. Rambling, repetitive, and not a whole lot of substance. Look elsewhere for useful info...

Can't say much but it was ok for those who look for the info inside the book. I wouldn't buy it if I had seen it in a book store and reviewed it first.

I am always looking for and reading material on this mysterious affliction! This book was a bit slanted! Everybody is different so one just can't say this works!

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